

WOMEN'S SELF DEFENSE WAIVER AND RELEASE OF ALL CLAIMS

You are signing up to participate in a self-defense course taught by members of the Village of Mundelein Police Department. This course will involve some physical activity, including actual participation in moves or tactics, which a person may be expected to perform in an attempt to protect themselves against a physical attack by another person. As a condition of participating in this course, you agree to the following:

1. As a participant, or the parent of a minor child who is participating, in this course, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any damages or loss which I, or my minor child, may sustain as a result of participating in this course. I represent that I am, or my minor child is, in good health and physically able to participate in the physical activities required by this course. I further acknowledge and understand that by participating in this course I, my minor child, or other participants, may sustain cuts or other injuries which may expose me, my minor child or other participants to blood or other bodily fluids, such as saliva. I further represent that I am, or my minor child is, free of any communicable diseases that could be spread through contact with blood, saliva, or any other bodily fluids of other participants or instructors.
2. I agree to release, waive, relinquish any and all claims I, or my minor child, may have as a result of participating in this course against the Village of Mundelein, any and all participating or cooperating governmental units or public entities, any and all independent contractors, officers, agents, and employees of these governmental bodies, public entities, or independent contractors, and any and all other persons and entities whatsoever, that might be directly or indirectly liable for any injuries that I, or my minor child, might sustain as a result of participating in this course.
3. I understand the nature of the course and the risks associated with participating in it, either individually or on behalf of my minor child, and have carefully read and fully understand this Waiver and Release of All Claims. I further understand that any advisements or warnings of the particular risks of these programs that I or my minor child subsequently receive will be incorporated by reference into and become part of this agreement.

Participant's Name Printed

Participant's Signature

(Parent's Signature if Participant is under 18 years old)

Courage. Pride. Commitment.

WOMEN'S SELF DEFENSE CONSENT TO BE PHOTOGRAPHED

I acknowledge that members of the Village of Mundelein Police Department, or other authorized agents, may photograph or videotape participants taking part in this course and may use these photographs or videotape images in pamphlets, brochures, or other advertising for future courses, as well as releasing these photographs or videotapes to the media for purposes of advertising or promoting this course.

- I **do consent** to photographs or videotape images of myself participating in this course being used in pamphlets, brochures, or other advertising for future courses, as well as releasing these photographs or videotapes to the media for purposes of advertising or promoting this course.
- I **do not consent** to photographs or videotape images of myself participating in this course being used in pamphlets, brochures, or other advertising for future courses, as well as releasing these photographs or videotapes to the media for purposes of advertising or promoting this course.

Participant's Name Printed

Participant's Signature

(Parent's Signature if Participant is under 18 years old)